

YOUR DIARY OF THE CONTACT YOU HAVE WITH OTHER PEOPLE



- This diary is for you to record the different types of contact you have with other people.
- Please record interactions that you have for the week from **Monday 11**th **September to Sunday 17**th **September**.
- There are **3 parts** to this diary please fill in each part.
 - Part 1 is a 'Summary of your week' sheet for you to fill in for each day of the week this can be found over the page on Page 2. Please fill this in at the end of each day to say how you felt on the day.
 - Part 2 is a 'Social Media, Text and Email Diary' which is on page 3 & 4 for this please record all interactions you have regardless of length. If you don't use any of these, just tick the box at the top. If you do please record all interactions you have each day using social media (Facebook, Twitter, Snapchat, WhatsApp etc), email and text. This just asks you the number of each one you had that day.
 - Part 3 is for any face-to-face or telephone conversation that you have, that lasts for over 2 minutes. Please fill this in each day.
- There are examples that explain how you should fill in your diary for each part.
- Please try to keep your diary safe and in a place where you will remember to fill it in some people put it in their kitchen or next to the phone.
- If you have any queries about the project, or about the details to record, please telephone our customer service team on **01482 467467** (Freephone 0800 6440245) or send an email to us at mha@ibyd.com.
- We would like to **collect the contents** of your diary from you in the week commencing 18th September. To do this you can:
 - pull out the diary sheets and put them in the post in the freepost envelope supplied with this pack.
 - read them out to a member of our customer service team over the phone we will call you after the 18th September.
 - submit the details you've collected online by clicking on the links in the email (please contact us if you don't have this).
 - send them by email (either a scan or notes in an email) to mha@ibyd.com.



Thank you for your help!



Part 1 – Summary of your week

Example

Day and date	Please write 2 or 3 words to describe your day How did you feel today? Tick one bo				box	
Monday, II th September	Busy, productive	©© □	⊙ ✓	⊕	⊗	⊕⊝

Your week

Day and date	Please write 2 or 3 words to describe your day	How did yo	ou feel toda	y? Tick one	box	
Monday, 11th September		©© □	◎ □	⊕ □	⊗	⊗⊗ □
Tuesday, 12th September		©© □	© _	① □	⊗ □	
Wednesday, 13th September		©© □	© _	⊕ □	⊗	
Thursday, 14th September		©© □	© _	⊕	⊗	⊗⊗ □
Friday, 15th September		©© 	© _	① □	⊗ □	
Saturday, 16th September		©© □	© _	⊕ □	⊗	
Sunday, 17th September		©© □	© _	⊕	⊗ □	88

Contact Permission		
MHA would like to contact selected people to ask a few more questions about social interaction.	Yes □	No □
Would you be willing for your contact details to be passed on to MHA for this purpose?	1C3 L	140 🖻

Page 1 of 23 Downloaded diary

Part 2 – Social Media, text and email diary

Example

Day and date	Platform	Number of interactions	Who was the interaction with?	What was the interaction about?
Monday, 11th September	Text	21	10 Friends, 11 Work	Friends - meal out - Work - client
	Email	20	Work colleagues	Work
	Facebook	11	Friends	General chat/comments
	Twitter			
	Snapchat	4	Friends	Friend's wedding pics
	WhatsApp			
	Other: LinkedIn	1	Client	Work

If you don't use any social media, email or text just tick this box and fill in Part 3

If you do – please fill in one line below every day of the week.

Your week

Day and date	Platform	Number of interactions	Who was the interaction with?	What was the interaction about?
Monday, 11th September	Text			
	Email			
	Facebook			
	Twitter			
	Snapchat			
	WhatsApp			
	Other:			
Tuesday, 12 th September	Text			
	Email			
	Facebook			
	Twitter			
	Snapchat			
	WhatsApp			
	Other:			

\M/admaaday 13th Cantamahan	Taut	1	
Wednesday, 13th September	Text		
	Email		
	Facebook		
	Twitter		
	Snapchat		
	WhatsApp		
	Other:		
Thursday, 13 th September	Text		
	Email		
	Facebook		
	Twitter		
	Snapchat		
	WhatsApp		
	Other:		
Friday, 14 th September	Text		
Triday, Tri deptember	Email		
	Facebook		
	Twitter		
	Snapchat		
	WhatsApp		
Catalana I Eth Cantalana	Other:		
Saturday, 15 th September	Text		
	Email		
	Facebook		
	Twitter		
	Snapchat		
	WhatsApp		
	Other:		
Sunday, 16th September	Text		
	Email		
	Facebook		
	Twitter		
	Snapchat		
	WhatsApp		
	Other:		

That's it for social media, text and email – don't forget to fill in Part 3 over the page!

Part 3 – Example Diary Sheet (see below for sheets)

Below is an example of how to fill in your diary. The example shows someone who called their Mum on Monday 11th September to discuss what to get their Dad for his birthday and they talk for 10 minutes. Later that day, their neighbour, Jane, came around for a cup of tea and they chat for an hour. The next day (Tuesday 12th September), they call their friend Kevin using Skype to speak with him about his recent holiday to Cornwall which takes around 30 minutes.

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September		Member of household \Box	Face-to-face		
Tuesday, 12 th September 🛛		Relative 🗹	Phone 🗹		
Wednesday, 13 th September □	_	Friend \Box	Other (say what) \Box	Birthday present	
Thursday, 14 th September	Mum	Neighbour 🛘	Other:		10 minutes
Friday, 15 th September 🛛		Other \square		for Dad	
Saturday, 16 th September 🛛		Other:			
Sunday, 17 th September					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September		Member of household	Face-to-face 🗹		
Tuesday, 12 th September 🛛		Relative 🗆	Phone		
Wednesday, 13 th September \Box		Friend \Box	Other (say what) \Box		
Thursday, 14 th September	Jane	Neighbour 	Other:	General chat	20 minutes
Friday, 15 th September 🛛	_	Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September		Member of household	Face-to-face		
Tuesday, 12 th September		Relative 🔲	Phone		
Wednesday, 13 th September \Box		Friend 🗹	Other (say what) \square	Talking about his	
Thursday, 14 th September 🛛	Kevín	Neighbour 🛘	Other:	Talking about his trip to Cornwall	30 minutes
Friday, 15 th September 🛛		Other \square	C. in a	irip to cornwall	
Saturday, 16 th September □		Other:	Skype		
Sunday, 17 th September 🛛					

Page 4 of 23 Downloaded diary

Part 3 – Diary Sheets

Please fill in <u>one line for each of your interactions</u> on the sheets below. Tick the day, write who the interaction was with, what the interaction was about, the type of contact, and then fill in what the interaction was about, and for how long in minutes.

If you have access to the **internet**, you can **download** more sheets from our website if you need them – <u>www.ibyd.com/mha</u>

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household □	Face-to-face		
Tuesday, 12 th September 🛛		Relative \square	Phone 🗆		
Wednesday, 13 th September □		Friend \square	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour \square	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September 🛛					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household \Box	Face-to-face		
Tuesday, 12 th September 🛛		Relative \square	Phone		
Wednesday, 13 th September 🛛		Friend \square	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September 🛛					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household \Box	Face-to-face		
Tuesday, 12 th September 🛛		Relative \square	Phone		
Wednesday, 13 th September 🛛		Friend \square	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					

Page 5 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🗆	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 6 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative □	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page **7** of **23** Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 8 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour 🗆	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page **9** of **23** Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour 🗆	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 10 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour 🗆	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 11 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative □	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 12 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 13 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 14 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 15 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 16 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative □	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛭	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 17 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour 🗆	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 18 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 19 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 20 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September \Box		Relative \Box	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September □		Neighbour □	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page **21** of **23** Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative □	Phone \square		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September □		Relative \Box	Phone 🗆		
Wednesday, 13 th September □		Friend \Box	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other \square			
Saturday, 16 th September □		Other:			
Sunday, 17 th September □					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	Who was the interaction with?	to you? Tick one box	Tick one box	What was the interaction about?	How long was the interaction in minutes?
Tick one box Monday, 11 th September □		to you? <i>Tick one box</i> Member of household	Tick one box Face-to-face □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □		to you? Tick one box Member of household □ Relative □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □		to you? Tick one box Member of household □ Relative □ Friend □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □		to you? Tick one box Member of household Relative Friend Neighbour Other	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □		to you? Tick one box Member of household Relative Friend Neighbour □	Tick one box Face-to-face □ Phone □ Other (say what) □		_
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other:	Tick one box Face-to-face Phone Other (say what) Other:	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship	Tick one box Face-to-face Phone Other (say what) Other: Type of contact	about? What was the interaction	How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box	interaction with?	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box	about?	interaction in minutes?
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Relative	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Friend	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Other Other	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the
Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □ Friday, 15 th September □ Saturday, 16 th September □ Sunday, 17 th September □ Day and date of interaction Tick one box Monday, 11 th September □ Tuesday, 12 th September □ Wednesday, 13 th September □ Thursday, 14 th September □	interaction with? Who was the	to you? Tick one box Member of household Relative Friend Neighbour Other: What is their relationship to you? Tick one box Member of household Relative Friend Neighbour Neighbour Neighbour	Tick one box Face-to-face Phone Other (say what) Other: Type of contact Tick one box Face-to-face Phone Other (say what)	about? What was the interaction	interaction in minutes? How long was the

Page 22 of 23 Downloaded diary

Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative \Box	Phone \square		
Wednesday, 13 th September \Box		Friend \Box	Other (say what) \Box		
Thursday, 14 th September		Neighbour 🛘	Other:		
Friday, 15 th September □		Other \square			
Saturday, 16 th September 🛛		Other:			
Sunday, 17 th September					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative 🗆	Phone		
Wednesday, 13 th September \Box		Friend \square	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other 🗆			
Saturday, 16 th September 🛛		Other:			
Sunday, 17 th September \Box					
Day and date of interaction	Who was the	What is their relationship	Type of contact	What was the interaction	How long was the
Tick one box	interaction with?	to you? Tick one box	Tick one box	about?	interaction in minutes?
Monday, 11 th September □		Member of household	Face-to-face		
Tuesday, 12 th September 🛛		Relative \square	Phone		
Wednesday, 13 th September \Box		Friend \square	Other (say what) \Box		
Thursday, 14 th September 🛛		Neighbour 🛘	Other:		
Friday, 15 th September 🛛		Other 🗆			
Saturday, 16 th September 🛛		Other:			
Sunday, 17 th September \Box					

Thank you! When you have finished, please look at the front for how to return this to us – by post, phone, email or online.

Remember, you can download more sheets from our website if you need them – www.ibyd.com/mha

Page 23 of 23 Downloaded diary